

# 2018

RESOURCES INSPIRATION SUPPORT

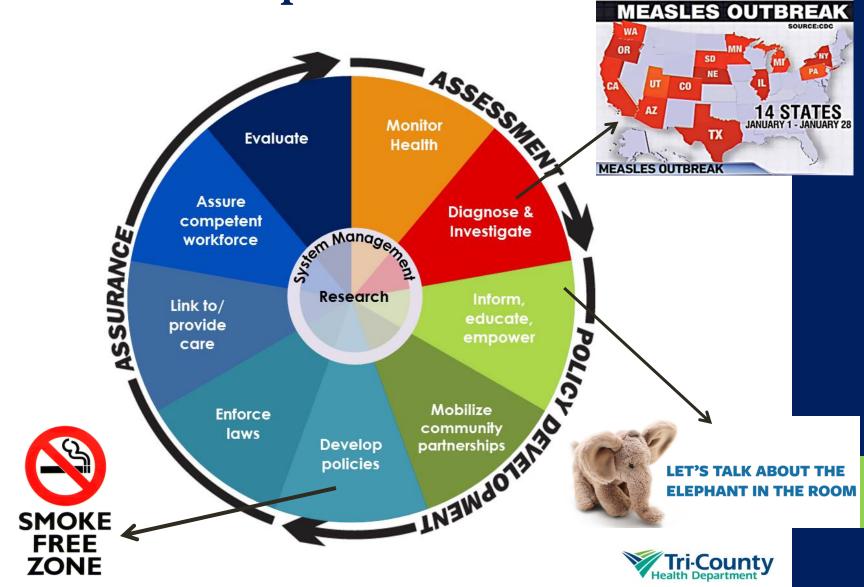
Helping the Uninsured Get Care

## Local Public Health Departments: Gap services for the uninsured

Kaitlin Wolff, MPH, BSN, RN
Regional Health Connector
Tri-County Health Department
October 16, 2018



What is public health?



### Public Health Clinical Services

- Deemed essential to individual and the public's health
- Available regardless of insurance status
- Some ask for payment on a sliding fee scale based on income, many available at no charge
- Considered 'gap services,' not a medical home



### Nurse Home Visitors



Focus is families

 Goal is to improve long-term outcomes



 Accept community referrals



### Family Planning/Sexual Health

Annual health examination
Birth control supplies and counseling
Emergency contraception
Testing for pregnancy
Testing and treatment for STDs
Testing HIV/AIDS
Community education and outreach

Pelvic exam
Pap Testing
Clinical breast exam
Free condoms





#### **Immunizations**



- Vaccines for Children Program (VFC)
- Uninsured adults

 Some health departments can do off-site clinics

School-Based Immunization Clinic for APS



#### WIC

#### The Special Supplemental Nutrition Program for Women, Infants and Children

- WIC provides food valued at \$57 per person each month at no cost qualification is based on income
- All families are welcome including families with caregivers that are moms, dads, grandparents, kinship care and foster parents
- Children can stay on from birth until 5 years old
- Families can apply for WIC at anytime

HEALTHY FOOD.
HEALTHY KID.
HAPPY FAMILY.





### **Specialty Services**

- Senior Dental
- Diabetes Education and Prevention
- Healthy Communities
- Tuberculosis evaluation & treatment
- Syringe Access







### Find your local health department

Search "CDPHE local public health"

<a href="https://www.colorado.gov/pacific/cdphe/find-your-local-public-health-agency">https://www.colorado.gov/pacific/cdphe/find-your-local-public-health-agency</a>



### Thank You



Kaitlin Wolff

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# Colorado Indigent Care Program (CICP)

Taryn Graf, CICP Administrator Health Care Policy and Financing

Oct-18

#### **CICP Historical Information**

- The CICP was created in 1983
  - > Program rules were completely reorganized and updated in spring 2017
- Safety net program, designed to help low-income uninsured or underinsured individuals access health care services

### What is the CICP?

- The CICP is a discount program
  - > Not health insurance, and has no defined "benefits"
- Available at select providers throughout the state
  - > 70 providers, 265 total provider sites
- Only emergency services are mandated to be discounted, other available services vary by provider

### Who qualifies?

- Applicants that are lawfully present, Colorado residents who are at or below 250% of the federal poverty level
  - > Annual income of \$30,350 for a single person
  - > Annual income of \$62,750 for a family of four

### Primary Health Insurance & CICP

- Applicants who are eligible for Health First Colorado or CHP+ do NOT qualify for CICP
  - Applicants who appear to be eligible for Health First Colorado or CHP+ must apply and be denied before they can be placed on CICP
- Applicants who have private health insurance may qualify for CICP
  - > CICP always encourages our clients to obtain and use private health insurance, but it is not required to qualify for CICP

### Lawful Presence

- Applicants must provide one document proving their lawful presence
  - > For US Citizens, can be a birth certificate, passport, an ID or driver's license from a REAL ID compliant state, etc.
  - > For non-US Citizens, can be any document that can be verified through the Systematic Alien Verification for Entitlements (SAVE) program, or an ID or driver's license from a REAL ID compliant state

### Where can applicants apply?

- Applicants can apply for CICP at any of our participating CICP provider sites
  - > A full list of our CICP providers can be found on the Department's website: <a href="www.colorado.gov/hcpf/colorado-indigent-care-program">www.colorado.gov/hcpf/colorado-indigent-care-program</a>

### What do applicants need to apply?

- Required documentation varies from provider to provider
  - At the least, applicants need proof of lawful presence and income information for themselves and their household members
  - Applicants can call the provider to get a list of what documentation they need to bring with them
- Applicants may be required to apply at each provider they go to if the provider does not accept ratings from other providers

### **Excluded Services**

- CICP does not discount:
  - > Non-emergency dental
  - > Behavioral health services
  - > Elective surgeries
  - > Experimental or non-USFDA approved treatments
  - > Court ordered procedures
  - > Any non-medically necessary services

### Thank you!

Taryn Graf
CICP Administrator

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HELPING THE UNINSURED GET CARE!

Presented by

Angela Rose,

Colorado Community

Health Network,

Health Center

Workforce Manager



#### ■Who is CCHN?

 Colorado Community Health Network – the membership organization for 20 Colorado CHCs

### What are Federally Qualified Health Centers?

 Mission driven organizations that provide health care for underserved, underinsured and uninsured patients.



#### Why do CHCs Exist?

 To provide high quality health care regardless of someone's ability to pay.

#### COLORADO'S COMMUNITY, FARMWORKER/MIGRANT, SCHOOL-BASED & HOMELESS HEALTH CENTERS

(D) = Dental Services Available (S) = School-Based Health Center, limited services (F) = Farmworker/Migrant Site (M) = Mobile Health Care Unit Forty-two counties have Community Health Center (CHC) sites, and patients from a total of 61 counties receive care at CHCs.

Medical services are provided at most locations - call the CHC directly to ask questions about specific locations. SEDGWICK ADAMS • Clinica Thornton (D) MOFFAT ROUTT LOGAN • Clinica Westminster (D) Salud Ft. Collin 2 Sites 2(D) 2(F WELD Northwest Colorado LARIMER **JACKSON** Health Craig 2 Sites 2(D) Salud Sterling **JEFFERSON** • Clinica Pecas (D) PHILLIPS Northwest Colorado (D)(F) Health Steamboat Sunrise Greeley • 5 Sites 2(D) 5(F) Sunrise Lovelar 2 Sites 1(D) 2(F) Colorado Coalition for the Homeless Sunrise Evans
 Sites 1 (D) 1 (S) 2 (F) 1 (M) ADAMS Тереуас MORGAN MCPN Aurora MCPN 17 Sites 2(D) 1(A 9 Sites • 3(D) 2(S) 1(M orthwest (BOULDER Longmont • Salud Ft. Lupton(D) (F) DENVER Salud Ft. Morgan (D)(F) • Salud Frederick (D) (F) RIO BLANCO Denver Health's Community YUMA lak Creek BROOMFIELD GRAND Health Services WASHINGTON ARAPAHOE Salud Brighton 3 Sites 1 (D) 3 (F)
 Salud Commerce City 3 Sites 2 (D) 2 (F) Peak Vista CHC
• Strasburg (D) EAGLE ADAMS Mountain Family Edwards • GARFIELD CLEAR ARAPAHOE Mountain Family Glenwood Springs CREEK Services Valley-Wide 2 Sites 1(D) 1(S) SUMMIT KIT CARSON Mountain Family Avon (D) Mountain Family Rifle and Parachute 3 Sites 3(D) Burlington Mountain Family Basalt Peak Vista CHC Kiowa (D) Peak Vista CHC Flagler (D) Care Clinic ELBERT Peak Vista CHC
• Limon (D) 6 Sites 5(D) 4(S) DOUGLAS PITKIN Care Clinic MarillacHealth Grand Junction Leadville TELLER Peak Vista CHC Falcon (S) Yalley-Wide Cheyenne Well Homeless Services 5 sites 3(D) 2(F) available at: DELTA LINCOLN PARK CHEYENNE Peak Vista CHC Colorado Spring 20 Sites 6(D) 1(S) 2(M) Axis Health System's River Valley Family Health MESA Integrated Healthcare Clinics Center Delta (D) (F) CHAFFEE GUNNISON Peak Vista CHC EL PASO Fountain (D) Clinica Family Health • River Valley Family Health Center Olathi Colorado Coalition for KIOWA River Valley Family • (D) (F) Valley-Wide Cañon City FREMONT Pueblo CHC 10 Sites 1(D) 6(S) 4(F) the Homeless Health Center Montrose (F) CROWLEY Pueblo CHC Avondale (F 2 Sites 1(D) 2(F) MONTROSE Denver Health's Community • High Plains Wiley (F) Health Services Colorado Coalit OURAY CUSTER Uncompangre Medical Center Nonwood (D) SAGUACHE **PUEBLO** Yalley-Wide • for the Homeles High Plains Lamar 4 Sites 1(D) 1(S) 4(F) MarillacHealth Fort Lyon SAN MIGUEL MCPN Valley-Wide High Plains Holly (F) OTERO (D)(F) Valley-Wide Center 2 Sites 1 (D) 2 (F) Peak Vista Community **PROWERS** • Dove Creek CHC DOLORES HUERFANO BENT SAN JUAN Health Centers Valley-Wide ALAMOSA MINERAL Monte Vista(D)(F) allev-Wide Alamosa Pueblo Community Health Center, Inc. MONTEZUMA RIO GRANDE 2(D) 6(F) 1 COSTILLA • Axis Health Sunrise Community Health BACA · Axis Health PAMINA PAI System Valley-Wide Valley-Wide Health Cortaz (D) ARCHULETA CONEJOS La Jora (D) (F San Luis (D) (F) Durango Systems, Inc. LA PLATA 2 Sites 2(D) Schol Trinidad • Revised 16/18 Counties served by a neighboring CHC Counties with CHC sites Counties without easy access to CHC sites

Colorado Community Health Network • 600 Grant Street • Suite 800 • Denver, CO 80203 • 303/861-5165 • 303/861-5315 FAX • www.cchn.org

### WHERE ARE CHCs LOCATED?

CHCs providing access to care in Colorado

20 CHCsOperate202 ClinicSites

#### CHCS ACROSS COLORADO



Northwest Colorado Health, Craig



Sunrise Community Health, Monfort Family Clinic



Denver Health, La Casa Quigg Newton



Mountain Family Health Centers, Glenwood Springs

#### CONNECTING PEOPLE TO SERVICES

#### Services CHCs Provide

Integrated Models of Care

#### Affordable Care

- Sliding Fee Scale
- Public Health Insurance or Private via Connect for Health

#### Resources

- CCHN's Website
- Finding a CHC Map and Search Capabilities
- English and Spanish Webpages

Thank You Learn More About CHCs at www.CCHN.org

Contact Information: Angela Rose at Angela@cchn.org 303-867-9511



#### COLORADO RURAL HEALTH CENTER

The State Office of Rural Health

# Resources for the uninsured in rural Colorado

Sara Leahy, Colorado Rural Health Center

#### Colorado Rural Health Center



The State Office of Rural Health

#### State Office of Rural Health

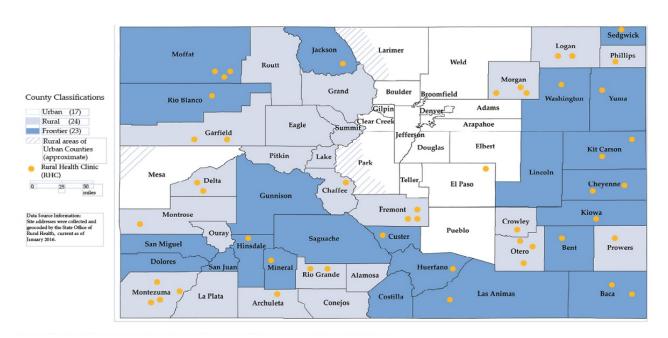
 Our mission is to enhance healthcare services in the state by providing information, education, linkages, tools, and energy toward addressing rural health issues.

#### Our services

- Quality Improvement to expand access to care, TA for Compliance and Regulations
- Workforce Provider Recruitment and Retention
- Health Information Technology support
- Educational events
- Policy and Advocacy

### Rural Health Clinics (RHCs)

- Increase access to primary care services for Medicaid and Medicare patients in rural communities
- Located in rural and underserved areas



#### **RHCs**

#### Look different!

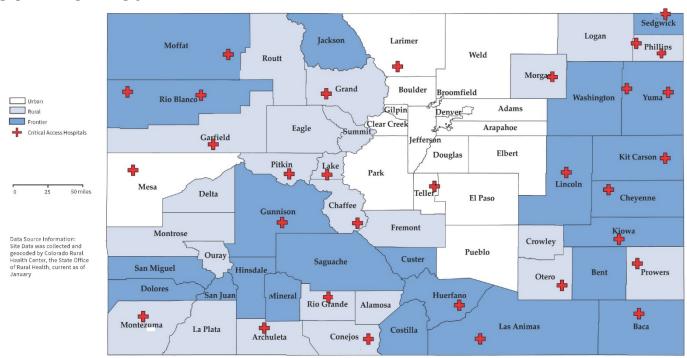
- Hospital-based or non hospital non-profits
- community/town funded and supported, public;
- Independent practices
- Different sizes from solo practice to larger multi-disciplinary

#### Services

- Primary Care
  - Family practice, pre-natal, OB, pediatrics, internal and geriatrics, behavioral health, family planning, home visits, chronic care management, case management/care coordination
  - Specialty services and social services

### Critical Access Hospitals (CAHs)

 Reduce the financial vulnerability of rural hospitals and improve access to healthcare by keeping essential services in rural communities



#### CAHs

- Have 25 or fewer inpatient beds, are located more than 35 miles from another hospital, and are located in a designated rural area
- Services and specialty care
  - Prioritize based on individual needs in community
  - 24 hour ED care and staff, IP and OP services, Laboratory and Radiology

## Who lives in rural Colorado? Income and health outcomes ~

- Median projected age rural Coloradans in 2019:
  - 44, versus 40 in urban counties
- Rural Coloradans aged 0-17:
  - 23% live below the 2014 Federal Poverty Level of \$23,850 per four person family compared to the state average of 16%
- Rural Coloradans without insurance:
  - Decreased over the past 5 years from approximately 26% to 15%, a percent change of 42%.
- Rural Coloradans with diabetes:
  - Over 7% of adults
- Rural Coloradans teen pregnancy rate:
  - 38.71% higher than urban parts of the state
- Suicide remains disproportionately higher for rural Coloradans:
  - The northwest and central mountain regions have a significantly higher than state average suicide rate at more than 38 suicide deaths per 100,000 people compared to the state average of 25 (a 41.3% difference)

## Policy and Advocacy, rural health impact

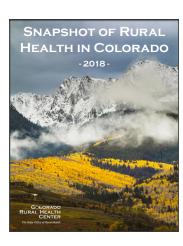
#### Policy

2017 Session:

- Opioid Abuse & Addiction
- Drug Costs
- Coverage & Costs
- Transparency & Reporting
- Freestanding Emergency Departments
- Mental & Behavioral Health
- Healthy Equity
- Workforce

#### **Advocacy**

- Data + Stories = Effective Advocacy
  - Snapshot of Rural Health
  - Safety Net Clinic Week





Get involved!

Contact us anytime!

Sara Leahy, Director of Business Development 303.565.5848

sl@coruralhealth.org

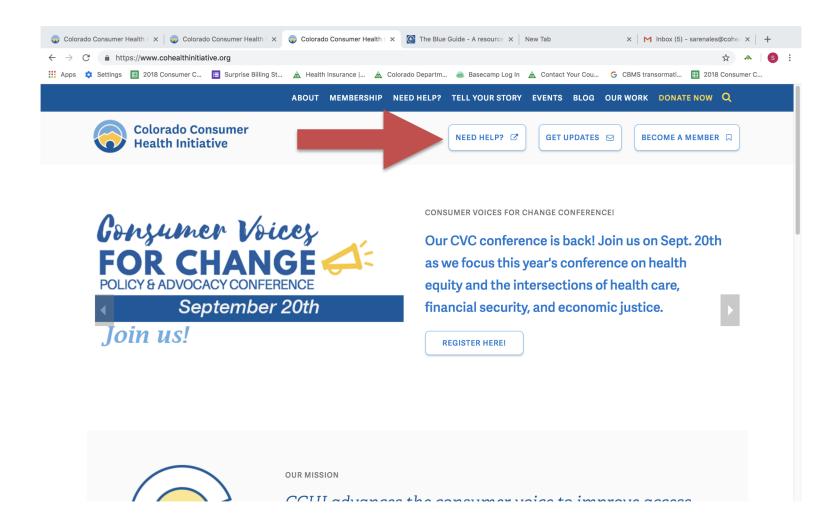


# Blue Guide Coverage Resources Consumer Assistance Program

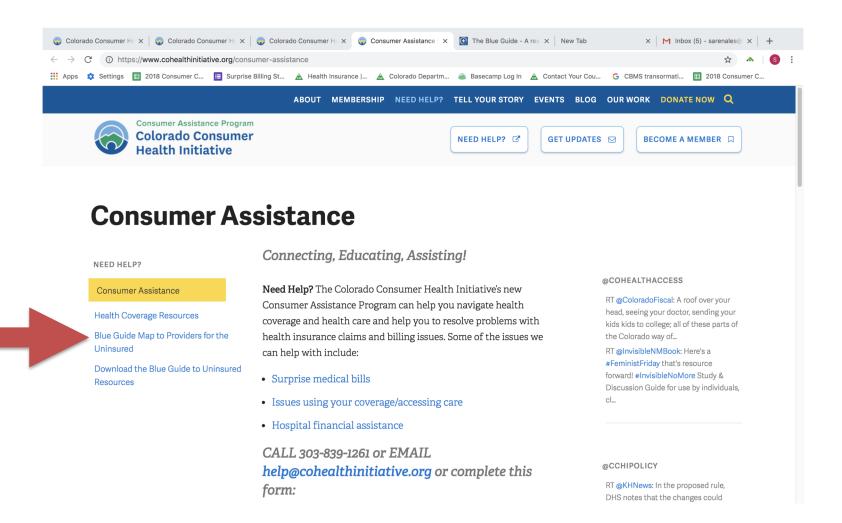
cohealthinitiative.org

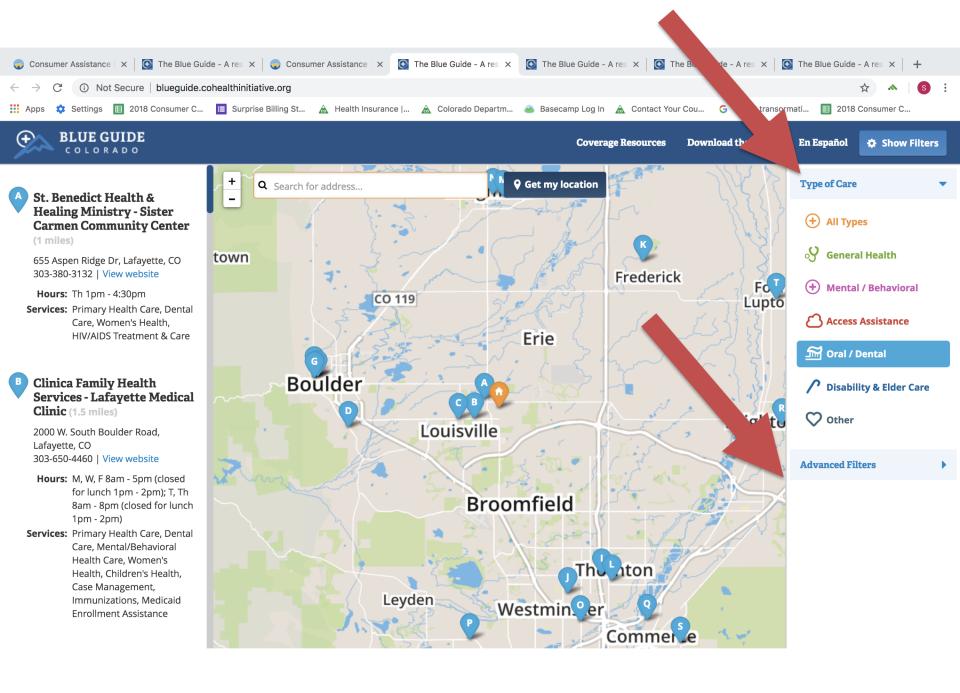


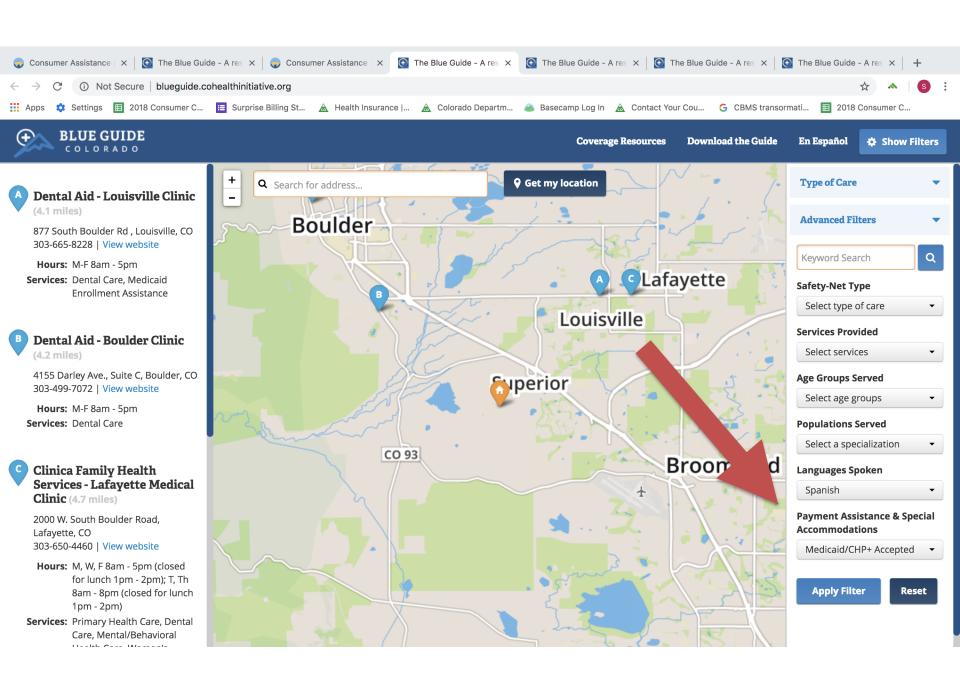
## **Blue Guide Tool**

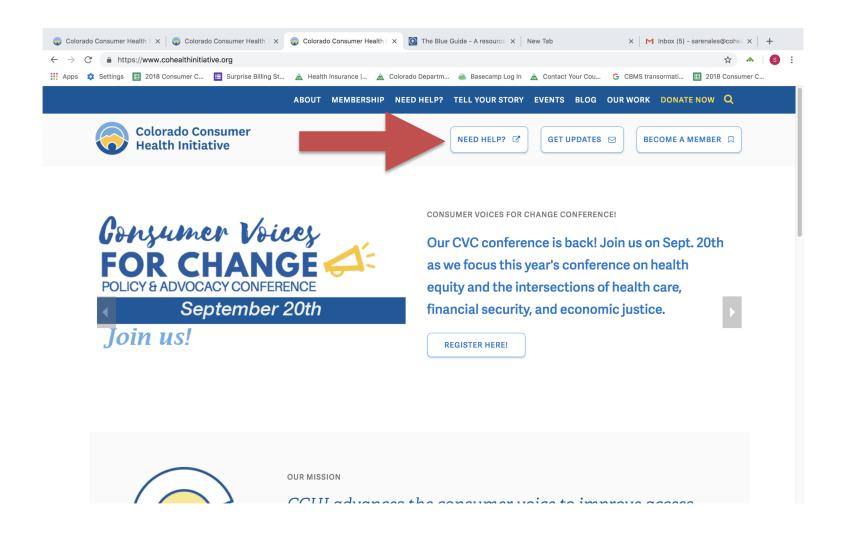


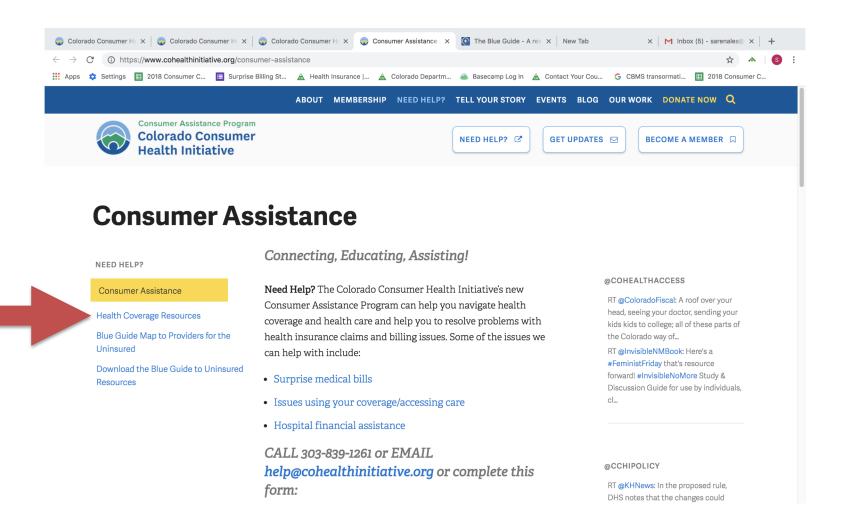
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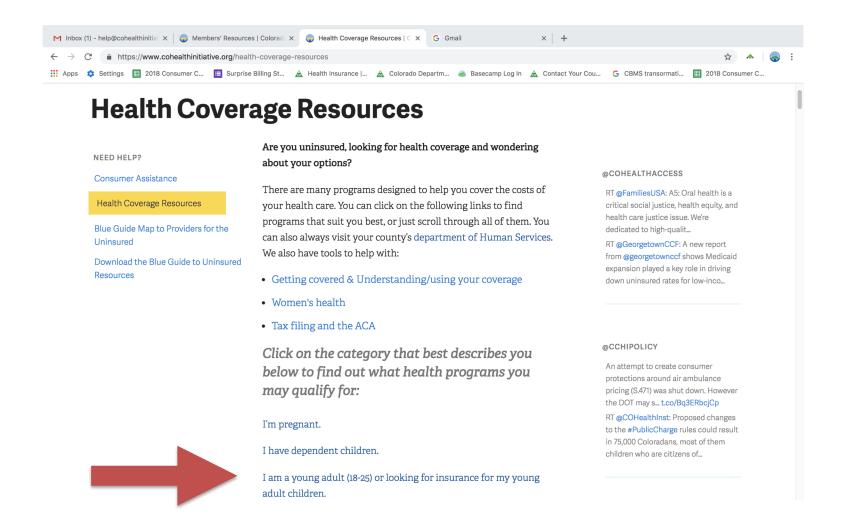


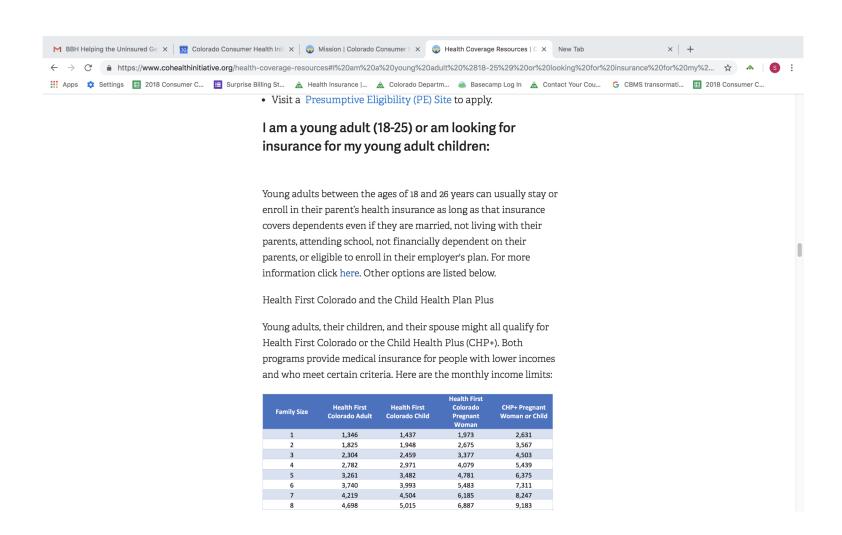






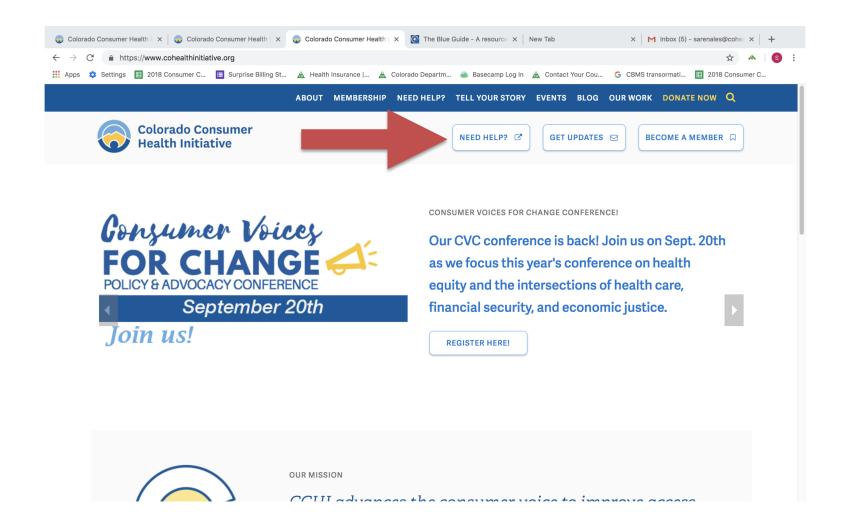


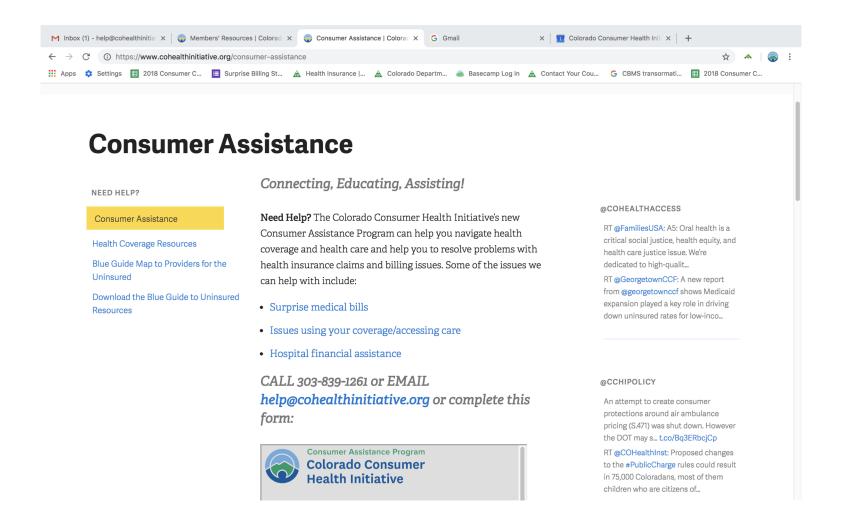


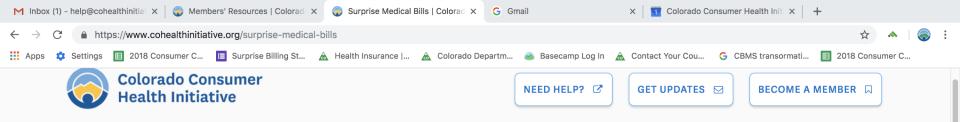




- Help consumers navigate billing and claims issues
- Advocate with providers and insurance carriers
- Help submit appeals with carriers and file complaints with DOI, CDPHE, Attorney General
- Referrals for health coverage enrollment assistance and other resources







### **Surprise Medical Bills**

Note: This information should not be interpreted as legal advice.

A Consumer Guide to Surprise Medical Bills

#### What happens?

Sometimes, people get care from a health care provider such as a doctor, anesthesiologist, or radiologist, who is not in their health insurance plan's network even though the care they received was at an innetwork facility. This can happen if you have surgery at an innetwork facility and it turns out that someone on the surgical team, like the anesthesiologist or surgical assistant, is not. It can also happen if you go to an emergency room that is in your network and the doctor who takes care of you does not accept your insurance. After the services are received, you might get a bill in the mail saying you owe the out-of-network provider money. This is called a "balance bill".

#### What is balance billing?

A balance bill, or surprise medical bill, charges you for the difference between what your insurance pays to the out-of-network provider and what the provider charges for the services. When the provider is in-

#### @COHEALTHACCESS

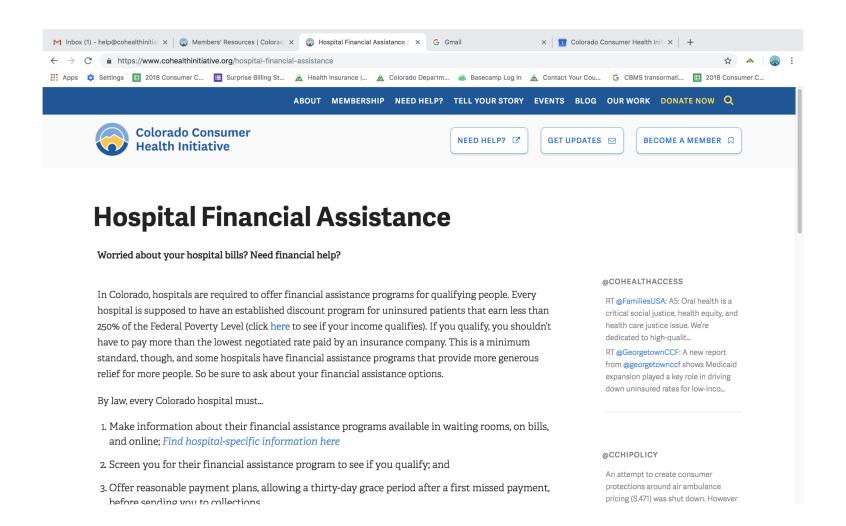
RT @FamiliesUSA: A5: Oral health is a critical social justice, health equity, and health care justice issue. We're dedicated to high-qualit...

RT @GeorgetownCCF: A new report from @georgetownccf shows Medicaid expansion played a key role in driving down uninsured rates for low-inco...

#### @CCHIPOLICY

An attempt to create consumer protections around air ambulance pricing (S.471) was shut down. However the DOT may s... t.co/Bq3ERbcjCp

RT @COHealthInst: Proposed changes to the #PublicCharge rules could result





# **Colorado Consumer Health Initiative**

303-839-1261 help@cohealthinitiative.org

Online form: cohealthinitiative.org/consumer-assistance

cohealthinitiative.org

# Questions?

